

Meadowlark Notes

Issue 84

Spring 2019

Buttermilk

By Dawn Phelps, RN/LMSW

One Sunday morning at a small southern church, a new pastor called on one of his older deacons to lead in the opening prayer. The deacon stood up, bowed his head, and said, "Lord, I hate butter-milk."

The pastor opened one eye and wondered where the prayer was going. The deacon contin-

ued, "Lord, I hate lard." Now the pastor was totally perplexed.

The deacon continued, "Lord, I ain't too crazy about plain flour. But after you mix 'em all together and bake 'em in a hot oven, I just love biscuits!"

The old deacon continued his prayer. "Lord, help us

realize when life gets hard, when things come up that we don't like, whenever we don't understand what You are doing, that we need to wait and see what You are making."

"After you get through mixing and baking, it'll probably be something even better than biscuits. Amen." (author unknown)

Continued on pg 2



MEADOWLARK
HOSPICE

*Our Mission is to
provide loving,
compassionate care
for those living
with a
life-limiting illness.*



Director Notes

Spring is here. Amen. This winter was a tough one. The winter storms just kept coming one after another. There was a constant icy path from my house to the car.

It seemed that just when we thought the end of winter was here, we woke up to another blanket of snow on the ground. As tough as winter was, I do have many

fond memories of the beauty of snow.

A fresh blanket of snow on the ground is indeed a breathtaking sight. The way the snow glistens

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Buttermilk

(cont'd from pg 1)

Perhaps you can relate to the southern deacon's prayer. Maybe there are things in your life that seem unfair and downright hurtful. Maybe you have gone through some tough times that made no sense at all. And maybe you are having a difficult time hoping for something better.

Perhaps you have thought, "God, what's going on anyway?"

Maybe you are like the older gentleman that didn't like buttermilk, lard, or flour—separately. And it may be hard to try to imagine a tasty finished product. But remember, there's proof in the puddin', or proof in the biscuit in this story.

Tough times may cause us to feel mixed up and near the giving-up point. But then comes the mixing—the combination of the things that have happened that start to fall into place. Then life takes a turn toward something new and beautiful.

Even though we may long for our previous life before the buttermilk, the lard, and the flour, that life may never return. In a sense, we go through some sadness and tough times, similar to mixing up the biscuit dough.

And after the mixing, comes the "baking," the heat. Then something marvelous happens. Those big, fat, fluffy, hot southern biscuits start to rise in the heat. The aroma is wonderful, and a pan of biscuits comes out of the oven all brown and flaky.

So wait for the biscuits to bake, add some butter and blackberry jelly (my favorite) and enjoy. God is working on a new plan for your life all the time. He knows what was happening, but we just have to hope, wait, and see. I don't like the mixing and heat, but "Lord, I sure love biscuits!"

*Springtime is the land
awakening.
The March winds are
the morning yawn.*

-Lewis Grizzard



Director Notes..... (cont'd from pg 1)

in the sunlight is almost magical. There is beauty as each snowflake falls to the ground and finds its place. Where each snowflake lands makes a difference for the future ahead of it. If its landing is on a walking path, the snowflake will surrender to the feet of people walking to get their destination. If the road was its landing, salt will be thrown on it so that it doesn't create a hazard for travelers. It might have an encounter with a snow blower or snow shovel to make a path for something else. Or maybe it will be the snowflake that succumbs to the joy of a child while being rolled up into a prized snowman. Regardless, every snowflake that fell did not stay the same.

I think people are very similar to snowflakes. We all land in a different place and experience the world in different ways. Depending on what we face in life, it can make the difference in what makes our hearts happy. People connect in different ways. Every relationship is unique and full of different memories and experiences. The longer we spend with loved ones, the more opportunities we have for memories to fill our hearts. There are times when a situation leaves our hearts feeling like the snowflake that has been stomped on or had salt poured on it.

Losing a loved one changes your heart forever. The relationship you had with that person is unique to you. Every memory and moment was uniquely yours and those memories are yours forever. Share those memories. Those memories made their imprint on your heart. Be kind to your heart as you are healing. Every grief journey is also as individual as every snowflake that blankets the ground. Grief can feel like winter storms coming one right after the other. The feeling of not being able to recuperate before the next one hits. But with each storm, you are a little more prepared for what you are facing. Tend to your heart and reach out to those who love you. Just as a snowflake is fragile, so are our hearts. What would a snowman look like if a single snowflake tried to make him? Sometimes we need other people to help us stick together. The most important thing to remember is that you are never alone.

"Snowflakes are one of nature's most fragile things, but just look at what they can do when they stick together." -Vesta M Kelly



Calendar of Events

Apr 3	11:30 am	Volunteer Appreciation Luncheon , KSDS Administration Building, 120 W 7th , Washington
Apr 8	6:30 pm	Concordia Bereavement Support Group (community-sponsored) - Episcopal Parish Hall, 117 W 8th -Call Judy Lambert 785-243-4454
Apr 9	4:30 pm	Clay Center Bereavement Support Group - Meadowlark Hospice office
Apr 17	5:00 pm	Belleville Bereavement Support Group - Library, 1327 19th Street
Apr 25	11:30 am	Leonardville Bereavement Support Group (community-sponsored) - Nelson's Landing, Leonardville - Call Sandy Ferguson 785-706-1595
Apr 25	4:30 pm	Marysville Bereavement Support Group - South Plaza of CMH - use N door
May 13	1:00 pm	Concordia Volunteer Continuing Education
May 13	3:00 pm	Belleville and Republic Volunteer Continuing Education at Belleville
May 13	6:30 pm	Concordia Bereavement Support Group (community-sponsored) - Episcopal Parish Hall, 117 W 8th -Call Judy Lambert 785-243-4454
May 14	4:30 pm	Clay Center Bereavement Support Group - Meadowlark Hospice office
May 15	5:00 pm	Belleville Bereavement Support Group - Library, 1327 19th Street
May 23	11:30 am	Leonardville Bereavement Support Group (community-sponsored) - Nelson's Landing, Leonardville - Call Sandy Ferguson 785-706-1595
May 23	4:30 pm	Marysville Bereavement Support Group - South Plaza of CMH - use N door
Jun 10	1:00 pm	Concordia Volunteer Continuing Education
Jun 10	3:00 pm	Belleville and Republic Volunteer Continuing Education at Belleville
Jun 10	6:30 pm	Concordia Bereavement Support Group (community-sponsored) - Episcopal Parish Hall, 117 W 8th -Call Judy Lambert 785-243-4454
Jun 11	4:30 pm	Clay Center Bereavement Support Group - Group will eat together - Meadowlark Hospice office
Jun 19	5:00 pm	Belleville Bereavement Support Group - Group will eat together, Place TBA
Jun 27	11:30 am	Leonardville Bereavement Support Group (community-sponsored) - Nelson's Landing, Leonardville - Call Sandy Ferguson 785-706-1595
Jun 27	4:30 pm	Marysville Bereavement Support Group - South Plaza of CMH - use N door

Hospice Gifts & Memorials

Your memorial gifts honor your loved ones and help others!

HOSPICE GIFTS

Paul Byers
Dennis Cashier
Citizens State Bank Employees
Stephanie Coble
Deb Dwerlkotte
Sherri Gaydusek
GFWC Kansas Modern Pioneers
Study Club
Renee Hoffman
Ashley Jacobson
Denise Kruse
Lori Lohse
Lynn & Jerri Mayer
Charles Nieman
Janet Pralle
Tammy Pralle
Julie Roever
Frank Shoemaker
Mary Jane Strunk
Douglas Swaim

MEMORIALS

RICHARD CLAEYS

Judy Claeys & family

CURTIS CRAWFORD

Helen Aurand
Curtis Crawford Memorial
Julie Farlee
Jerry & Linda Melton
Lester & Kay Shoemaker
Donna Ward

BRENDA DENEALT

Allan & Nancy Buschkamp
Nadyne Castonguay
Donald & Johnita Courville
Jack & Bev Crawford
Juanita Demars
Kim & Linda Demars

...BRENDA DENEALT

Robert & Neva Demanett
Don & Jeanette Deneault
Margaret Eck
Debra Fahlstrom
Dennis & Lisa Fleming
Friends & Neighbors
Ray & Karen Gerstenkorn
Greg Hattan, DDS
Rosemary Joslyn
Linda LeDuc
Gwen Miller
Thomas Link & Peggy Peterson-
Link
David N. Price
Hank & Ann Schaefer
Charlotte Strait
Roger & Cheryl Thull
Gayla Walker

MARCELLA DUIS

The Family of Marcella Duis

LEON FIEF

Avery Auto Parts, Inc.-
Lawrence & Stephanie Avery
Shirley Berggren
Keith & Mindy Blake
Charles & Susan Brake
Mike & Trudy Chaffee
Rick & Marsha Chaffee
Charles & Janice Dunn
Mike & Jeanie Fengel
Wilbur Fowles
Jim & Mary Garbarino
Randy & Cathy Hafner
Dale & Deanna Hammond
Lanny & Sherry Hess
Ray & Vicky Jenkins
David & Terri Jermark
Tonya Knoettgen
Greg & Dawn Langvardt
Arnold Lohmeyer

...LEON FIEF

Robert & Vicky Mall
Lowell & Robyn Marsh
Brian & Deb Norwood
Delmar & Lorene Peterson
Greg & Vicki Pfizenmaier
Mark & Carol Pfizenmaier
Noel & Joy Deane Pfizenmaier
Pat & Maureen Pfizenmaier
Phil & Brenda Pfizenmaier
Don & Twila Reed
Lauren & Deanna Rundle
Saline County Fair Ass'n Inc
Chris & Cynthia Schwensen
Marilyn Sherbert
Barb Spilker
Scott & Pam Sump
Mary Taddiken
Ron & Donna Wichman
LEROY "ROY" HEIMAN
Dorothy Heiman
MARILYN HOWARD
David & Linda Bogart
Ed & Mari Detrixhe
Randall Erickson
Tom & Missy Hager
Johnny Hamel
Greg Hattan, DDS
Paul & Patricia Heltne
Jeff & Beth Holling
Larry Jackson
Marvin & Barbara Shunn
Marcia Sjogren
John & Janice Strait
Richard & Glenda Weaver
Randy & Bernadette Windhorst
KELLY JAMES
Kelly James Memorial
GAIL KOPSA
Kathleen Aeillo
Friends & Neighbors

Hospice Gifts & Memorials

Your memorial gifts honor your loved ones and help others!

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Forrest & Loretta Maddy

Virginia Miller

DENNIS KRAEMER

Marysville Berean Church

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James & Jean Franey

Eric & Mary Guvernator

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Jarold & Linda Hayden

Darrel & Margo Hosie

Brad Howlett

Terry & Susie Jelinek

Norman & Sharlene Johnson

Benson & Judy Keil

Lyle & Kimberly Kjerstad

Verne & Karen Knoche

Jim & Jackie Koch

Kurt & Cindy Kocher

Loren & Norine Koester

Donald & Robin Lackamp

O.L. Lagasse, D.V.M.

Kyle Lagasse

...LARRY LAGASSE

Todd & Cheryl Lagasse

Larry Lagasse Memorial

Fred & Phyllis Larsen

Randy & Christine Lawson

Jeff & Mandy Morgan

Paul & Teresa Morris

Darrell & Mary Dean Nelson

Jeannie Patton

Lisa Peters

Merl & Jackie Ramsey

Doma Revell

Wayne Ruud

Charles Sjogren

Mr. & Mrs. W.A. Spurlock

Shane & Leslie Starr

Trost Land & Cattle

Jeff & Karla Waters

Richard & Glenda Weaver

MARY LALLY

Sandra Brenneman

K'Lynne Degenhardt

Richard & Barbara Doyle

Friends & Neighbors

Frederick & Patricia Germer

Rhonda Hasenkamp

Lynn & Geri Henrichs

Olivia Huddleston

Steven & Dixie Lepper

Marysville High School Class of
1984

Jack & Mary Ratliff

Larry & Martha Roesch

Christopher & Sarah Rottinghaus

Jeffrey & Jane Sandstrom

Union Pacific Employees Club
28

DaVina Wassenberg

Brian & Paula Winkler

SHIRLEY MACKENDER

David & Catherine Affolter

...SHIRLEY MACKENDER

Craig Cogswell

Michael Cogswell

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Ron & Judy Hileman

Baleigh Hoenshell

Penny Hoensehl

Toby Hoenshell

John & Nancy Hubbard

Gail Link

Pat Link

Evelyn McNorton

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Don & Shari Muths

Nancy Ryan

David & Lynn Smith

Linda Tiers

Russell & Kayla Wang

Meta Wendelken

FRED MANN

LaVerna Arganbright

Robert & Jeanette Bergquist

Friends & Neighbors

David & Audrey Hearn

Jerry & Beverly Hedke

Keith & Gayle Hunsicker

Jane Marshall Landscape Design

Warner & Janet Krumme

Landoll Corporation

Deanna Lindquist

Raymond & Dorothy Lindquist

Linda Mann

Robert & Grace Mann

Tony & Ann Mann

Esther Nider

Brett & Amanda Parker

K.S. & R.E. Porter

Dean & Carol Ruwe

Lyle & Marilyn Spain

Tracy & Verneil Stewart

Joyce Stryker

Hospice Gifts & Memorials

Your memorial gifts honor your loved ones and help others!

...FRED MANN

Roger & Barbara Terry
Dennis & Pamela White
Jerry & Nancy Williams
JOAN MORGAN
Gary & Janice Beneda
Dena Benfer
David & Luanna Clark
Friends & Neighbors
Bill & Fran Garrison
Randy & Marcia Johnson
Matthew & Debra Lauer
Gwen Miller
Mark & Dorothy Morgan
Lynn & Patty Mosher
Steve & Lisa Mosher
D D Turner

DRUSILLA PRICE

Joe & Nancy Peschel
PAULA REVELL
Doma Revell
JOSEPHINE SIMMS
Anne B. Grace
LLOYD SWENSON
Derele Knepper
MARY WEBER
Mary Weber Memorial Fund
LEONARD WEYER
Marcia Hahn
BRAD WORTHINGTON
Brad Worthington Memorial
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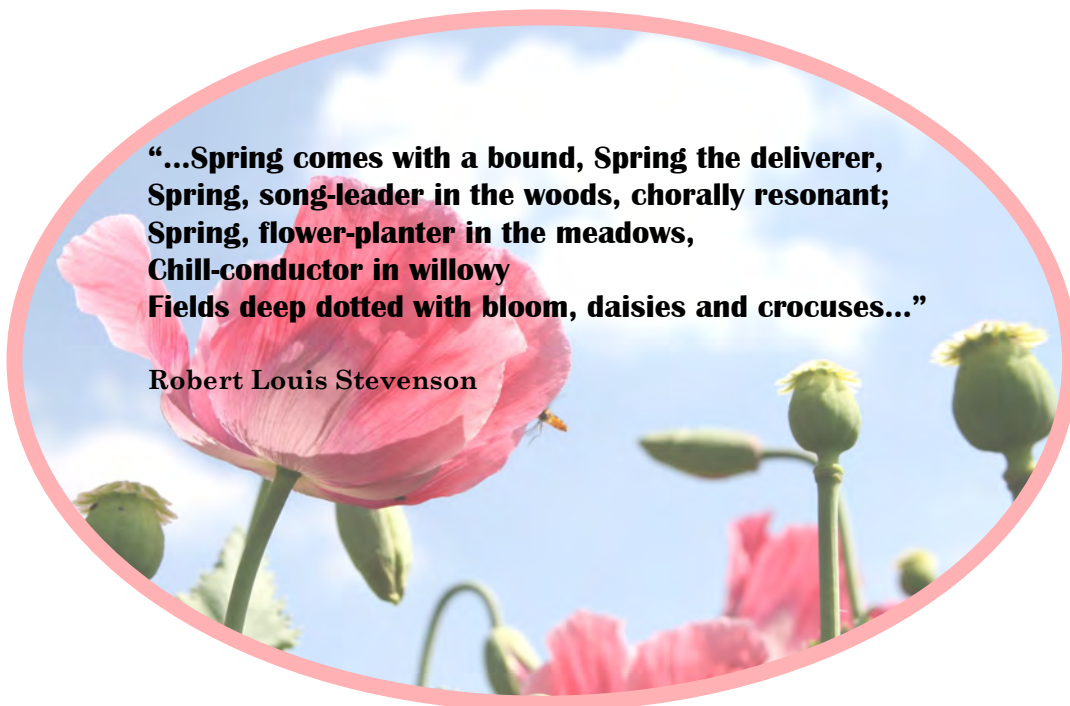
ROBERT "BOB" YOUNG

T D Armbruster & S Green
Derek & Rhonda Heinen
Katherine Manley
Robert Young Memorial
William Jr. & JoAnne Walcott
DONALD ZABOKRTSKY
Kenneth & Marcella Craig
Jason, Levi, Brett & Cindy
Zabokrtsky



**"...Spring comes with a bound, Spring the deliverer,
Spring, song-leader in the woods, chorally resonant;
Spring, flower-planter in the meadows,
Chill-conductor in willowy
Fields deep dotted with bloom, daisies and crocuses..."**

Robert Louis Stevenson





MEADOWLARK HOSPICE

**709 LIBERTY
CLAY CENTER, KS 67432**

**Ph 785.632.2225
Fax 785.632.3557
Email mhospice@ccmcks.org
Web meadowlarkhospice.org**

*We are available to present
programs to area organizations!*



MEADOWLARK HOSPICE

**709 LIBERTY
CLAY CENTER, KS 67432**
RETURN SERVICE REQUESTED

MEADOWLARK HOSPICE STAFF

Medical Director – John Ryan, MD

Nurse Practitioner - Michele Voelker, APRN

Program Director – Amy Burr, RN, BSN

Patient Care Coordinator – Deb Martin, RN, BSN

*Hospice Staff Nurses – Stacy Behrends, RN, BSN; Debra Champlin, RN;
Audie Hartman, RN; Deb Hedke, RN, BSN; JoAnn Lips, RN,
Denise Rundle, RN; Sherry Wiese, RN*

Director of Social Services - Kay Lynn Mead, LMSW

*Social Workers – Kathryn Benson, LBSW; Stephanie Garrison, LBSW;
Jen Meier, LMSW*

Bereavement Writer – Dawn Phelps, RN, LMSW

Bereavement Services Coordinator – Kay Lynn Mead, LMSW

Community Liaison - Lori Stanley

*Chaplains – Greg Doll, Rex Fuller, Kathy Ouellette, Al Paredes, Gerry
Sharp, Marilyn Sweet, Sr. Marilyn Wall*

Volunteer Coordinator – Darlene Melton

Administrative Assistant /Billing – Lilly Hitsman

Administrative Assistant - Charlotte Rundell

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